



REASSURE |
HEALTH
SCREENING

GP-LED HEALTH SCREENING

HCAHealthcare uk

About reAssure I

What is the reAssure I?

The reAssure I health screen is led by an experienced GP and can be tailored to your personal health needs. You can also tailor your health screen to include age and male or female-specific tests. Your screen will focus on key health issues and can be carried out in one of our clinics or remotely.

Is reAssure I suitable for me?

A cost-efficient core health screen, offering a doctor-led assessment of key health indicators.

This screen is suitable for anyone over the age of 18. It has been designed for those under 40 years old. It will help you to manage your health and optimise your lifestyle.

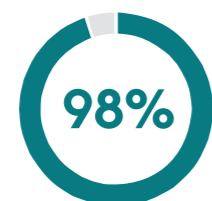
To book an appointment

Call: 0345 437 0691 option 2

Email: appointments@hcaprimarycare.co.uk

Why choose our health screen?

- If you choose to have this health screen in-clinic, it will include 33 tests and a full physical examination. Your screening appointment will last up to 45 minutes, all of which is spent with an experienced doctor.
- If further medical support is needed from a specialist consultant, we can refer you quickly to the most appropriate person.
- You will be provided with your own personalised screening report.
- Your report will contain expert advice on lifestyle and practical tips for how to improve your long-term health.



98% of patients would recommend our health screening to their friends and family

Taken from a sample of 2,930 HCA UK patients



Proud to be the leading private healthcare provider for CQC outstanding ratings

Why should I get screened?

Health and wellbeing are really important to us all. With the reAssure I, you will have a detailed review of your health, which will allow you to make positive decisions and more informed lifestyle choices.

You can discuss your personal concerns and health risk factors in detail with an experienced doctor at your appointment, whether you choose to come to a clinic or have a video appointment at home.

With support and guidance from your screening doctor, you can understand your own health much better.

You can add bespoke tests to your health screen with Advanced screening. To find out more, ask your screening doctor, who will be happy to provide further information.



89% of patients said they were likely to make lifestyle changes following advice from previous health screens.

Survey of 2,382 patients HCA UK patients in 2021.

Medical tests

Sections	Medical Tests	reAssure I		
		In-clinic	At-home	
Male specific	Testicular examination	•		
	Self testicular examination		•	
Age specific	Personal advanced screening roadmap	•	•	
Female specific*	Pelvic examination	•		
	Cervical smear test (thin prep)	•		
	HPV test	•		
	Rubella antibodies blood test (if reproductive age)	•		
	Breast examination	•		
	Digital mammography (If clinically indicated, incurs extra cost**)	•		
Medical history	Medical history and lifestyle questionnaire (online assessments including diet, sleep and emotional wellbeing questionnaire)	•	•	
Physiological	Physical examination	•		
	Doctor consultation	•	•	
	Body mass index (BMI) calculation	•	•	
	Waist to hip ratio	•	•	
	Body fat percentage test	•		
	Tissue hydration	•		
	Blood pressure and pulse rate measurements	•	•	
	Q risk/Cardiovascular risk score	•	•	
	Diabetes risk score	•	•	
	Basic metabolic rate (BMR)	•	•	
	Clinical mole check	•		
	Body chemistry	Full haematology plus ESR	•	•
		Vitamin D	•	•
Serum glucose		•		
Renal (kidney) function		•	•	
Bone minerals		•		
Gout		•	•	
Protein levels and liver function		•	•	
Cholesterol plus fractions and ratios	•	•		
Thyroid (TSH)	•	•		
Serum iron	•			
HbA1C diabetes test (more accurate than fasting glucose)	•	•		
Urinalysis	•	•		

You will be able to tailor your health screen to include age and gender specific tests.

* Well Woman tests available in-clinic as medical continuation appointment.

** or at no charge if included as part of company programme

Advanced screening tests

Our advanced screening offering covers a number of key health areas including:

- Bowel health
- Breast health
- Heart health
- Hereditary cancer risk
- Lifestyle health
- Liver health
- Lung health
- Osteoporosis
- Ovarian health
- Prostate cancer

Our advanced screening can be added to your reAssure health screening and could be recommended if clinically appropriate.

To book an advanced screening:

E: concierge@hcaprimarycare.co.uk
T: 0207 4804 230

Please note, these tests will be charged at an additional fee.



FAQS

When can I book my appointment?

You will receive an invitation from the HCA UK team a little in advance of the yearly due date of your health screening so you can book it in as close to the due date as possible. The HCA UK team are fully aware that individuals like to book/plan their medicals in advance and will work with you to arrange the most convenient appointment for you.

How can I book my appointment?

You can contact HCA UK on **0345 437 0691** (option 2), email **appointments@hcaprimarycare.co.uk** or book online. If you have difficulties booking online then please contact HCA UK by phone or email.

What forms will I need to fill out in advance, what will they include and how will I receive them?

We ask you to complete four screening questionnaires ahead of your appointment. These should take no longer than a total of 30 minutes to complete. It is essential you complete these before your appointment so you can maximise the time with the doctor and enable them to effectively assess your health during the appointment. These questionnaires will be available for you to complete on the HCA UK Patient Portal and include:

- A general health profile
- A diet questionnaire
- An emotional wellbeing questionnaire
- A sleep questionnaire

It is important for your doctor to comprehensively understand your past medical and family history so they can assess your risk for diseases where there is a hereditary component. Therefore, please provide detail wherever possible.

How long will it take to get the health screening report and where will I find it?

Your full, personalised health screening report will be available 10-14 working days from your appointment. This is available within the patient portal and is accessible via the web portal or the My HCA GP app.

Where can I have my health screening?

You will be able to select any HCA UK primary care clinic to have your health screening, giving you the full flexibility to choose the location most convenient for you. You can attend any of our facilities detailed on the next page.

How will my data be protected?

Personal data is handled with the utmost sensitivity and HCA UK's systems and processes comply with all relevant data protection laws. Please scan this QR code to view HCA UK's privacy policy.



What if I need to cancel my appointment?

If you need to cancel or reschedule, please do give us at least 48 hours' notice, otherwise you will be charged.

You can cancel appointments through our patient portal and app or contact the HCA UK bookings team on **0345 437 0691**. Declining through the calendar invite does not cancel your appointment.

If you do not attend your appointment or you give less than 24 hours' notice you can't attend, you will be charged 100% of the appointment fee. If you provide 24-48 hours' notice, you will be charged 50% of the appointment fee.



OUR LONDON LOCATIONS

58 New Broad Street EC2M 1JJ

120 Old Broad Street EC2N 1AR

148 Tooley Street SE1 2TU

Unit 53, 55 Baker Street W1U 8EW

The Shard, St Thomas Street SE1 9BS

21 Garlick Hill EC4V 2AU

2 Upper Bank Street E14 5EE

347-352 Chiswick High Road, W4 4HS

47 Nottingham Place W1U 5LZ

Beaufort House, The Waterfront Business Park WD6 3BS

Victoria Station, Concourse SW1V 1JT

122 Charles Clowes Walk, Nine Elms SW11 7AD



OUR NATIONAL LOCATIONS

1. Birmingham

2. Chester

3. Wilmslow & Manchester Central

4. Bristol

5. Leeds

6. Peterborough

7. Reading

8. Newcastle upon Tyne

9. Glasgow

10. Edinburgh

11. Southampton

12. Northampton

13. Cardiff

14. Milton Keynes

15. Sevenoaks

16. Chelmsford



How do I book a reAssure screen?

To book your reAssure health screen, you can book online via the My HCA GP app, or use the contact details below:

E: appointments@hcaprimarycare.co.uk

T: 0345 437 0691 (option 2)



To download the **My HCA app**, scan the relevant QR code below or book online:

Download on the
App Store



GET IT ON
Google Play



VISIT OUR
ONLINE PORTAL



Our group

The Harley Street Clinic

The Lister Hospital

London Bridge Hospital

The Portland Hospital

The Princess Grace Hospital

The Wellington Hospital

The Wilmslow Hospital

Private Care at Guy's

HCA UK at University College Hospital

The Christie Private Care

The Harborne Hospital

HCA UK Laboratories

HCA UK Primary Care

Sarah Cannon Research Institute

Connect with us



T: 0345 437 0691 (option 2)

E: appointments@hcaprimarycare.co.uk

W: portal.hcaprimarycare.co.uk

hcahealthcare.co.uk

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